





SIS30115

Certificate III in Sport and Recreation


Course Structure – 2023

|  | UNITS 1 & 2 (YEAR 1) | TYPE | NOMINAL HOURS | WEEKS DELIVERY |
|---|---|----------|---------------|----------------|
| | | | | |
| BSBWOR301 | Organise personal work priorities and development | Core | 30 | 4 |
| HLTWHS001 | Participate in workplace health and safety | Core | 20 | 3 |
| SISXCAI003 | Conduct non-instructional sport, fitness or recreation sessions | Core | 20 | 3 |
| HLTAID011 | Provide first aid | Core | 18 | 3 |
| SISXEMR001 | Respond to emergency situations | Core | 18 | 3 |
| ICTWEB201 | Use social media tools for collaboration and engagement | Core | 20 | 3 |
| SISSPAR009 | Participate in conditioning for sport | Import | 30 | 4 |
| SISXCCS001 | Provide quality service | Core | 25 | 3 |
| SISXCAI001 | Provide equipment for activities | Import | 10 | 1 |
| SISXIND006 | Conduct sport, fitness or recreation events | Elective | 55 | 8 |
| YEAR 1 TOTAL | | | 246 | 35 |
|  | UNITS 3 & 4 (YEAR 2) | TYPE | NOMINAL HOURS | WEEKS DELIVERY |
| | | | | |
| BSBWHS303 | Participate in WHS hazard identification, risk assessment & risk control* | Core | 50 | 9 |
| SISXRES002 | Educate user groups* | Elective | 25 | 5 |
| SISSSCO001 | Conduct sport coaching sessions with foundation level participants* | Import | 50 | 9 |
| SISXCAI004 | Plan and conduct programs* | Core | 35 | 7 |
| SISXCAI006 | Facilitate groups* | Elective | 25 | 5 |
| YEAR 2 TOTAL | | | 185 | 35 |

All units are shown in IVET's standard (suggested) sequence of delivery.

The weeks delivery per unit is based on an 70-week delivery period (over 2 years).

*Indicates scored assessment availability.

|  | COURSE DURATION | REQUIRED WEEKLY TIME COMMITMENT (Scheduled ^a) | | | |
|---|-----------------|---|----------|-------|------------------|
| | 2 Years | YEAR 1 | In-class | 5 hrs | Homework 1.5 hrs |
| | | YEAR 2 | In-class | 4 hrs | Homework 1.5 hrs |



^aScheduled hours means timetabled class time and time allotted for homework only. Further contributions to students' overall learning occur in a variety of ways – this will be documented in the course's Master Training & Assessment Strategy and via the completion of an IVET Course Planning Tool, which will also confirm the unit selections, in the event of customisation.



All course information provided in this document is current at the time of print, however, is subject to change based on Training Package updates or changes made by the State Curriculum Authority. In the event of such changes, the actual course composition may vary from the above.



For schools wishing to tailor the course composition (select alternative elective and/or imported units), the options available (permissible substitutes) are detailed on the reverse side of this outline.



Important – As the student resource is printed as a standardised course book, the unit-based resource for any substitute units will only be available in soft copy for the school/students to self-print.


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Permissible Substitutes


The units below are a combination of IVET recommended electives from within the qualification's packaging and popular imports used by schools in 2022 that are available for selection.

These units can only be substituted/swapped for other elective or imported units, but not added. Critically, the number of imported units cannot exceed three and the total number of units cannot be increased. Please refer to qualification packaging rules for precise information on allowable course composition.

The core units and scored units (see reverse side) cannot be substituted and must be retained.

|  | UNITS | TYPE | NOMINAL HOURS |
|---|--|----------|---------------|
| BSBCRT301 | Develop and extend critical and creative thinking skills | Elective | 40 |
| BSBWOR204 | Use business technology | Elective | 20 |
| SITXFSA001 | Use hygienic practices for food safety | Elective | 15 |
| SISCAQU002 | Perform basic water rescues | Import | 10 |
| SISXCAI002 | Assist with activity sessions | Import | 15 |
| SISXFAC001 | Maintain equipment for activities | Import | 5 |

Further units may be available to import from other qualifications or training packages. In the event that your school has a specific need for a unit not listed above, please consult your School Relationship Officer.

 Important – As the student resource is printed as a standardised course book, the unit-based resource for any substitute units will only be available in soft copy for the school/students to self-print.

IVET First Aid Training Services



IVET offers a high-quality First Aid training service that is available in all Victorian locations. Please speak to your School Relationship Officer for more information on this service or to book the IVET First Aid team for First Aid training in 2023.

